

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 13:15 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:1, starttime: 14:11
Heat: 1/6 Lane : 1 Athlete: LAMBERIGTS JANA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:1, starttime: 14:11
Heat: 1/6 Lane : 2 Athlete: PEETERS JOANNA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:1, starttime: 14:11
Heat: 1/6 Lane : 5 Athlete: GOFFLO NOAH			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:1, starttime: 14:11
Heat: 1/6 Lane : 6 Athlete: GOOSSENS PHIL			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:2, starttime: 14:13
Heat: 2/6 Lane : 3 Athlete: LEEN JULIE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:2, starttime: 14:13
Heat: 2/6 Lane : 5 Athlete: NAKKACH NOOR			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:3, starttime: 14:14
Heat: 3/6 Lane : 1 Athlete: VANSTRAELEN LOU			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:3, starttime: 14:14
Heat: 3/6 Lane : 4 Athlete: EERLINGEN KAREL			Q-time: 00:52:64
PB (25m pool): 00:52.64 Bree 16/02/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:52.64	
		00:52.64	
			

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:3, starttime: 14:14
Heat: 3/6 Lane : 5 Athlete: AERTS ESMÉE			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:3, starttime: 14:14
Heat: 3/6 Lane : 6 Athlete: MEERS CHRISTINE			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:4, starttime: 14:15
Heat: 4/6 Lane : 2 Athlete: VROLIX FLEUR			Q-time: 00:46:61
PB (25m pool): 00:46.61 Bree 21/12/2025			PB (50m pool): no time SB: 00:46.61 Bree 21/12/2025
	2 5 M	5 0 M	
PB		00:46.61	
		00:46.61	
			

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:4, starttime: 14:15
Heat: 4/6 Lane : 3 Athlete: DELBROEK CHLOé			Q-time: 00:45:12
PB (25m pool): 00:45.12 Bree 21/12/2025			PB (50m pool): no time SB: 00:45.12 Bree 21/12/2025
	2 5 M	5 0 M	
PB		00:45.12	
		00:45.12	
			

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:4, starttime: 14:15
Heat: 4/6 Lane : 4 Athlete: HESEMANS ELIA			Q-time: 00:46:18
PB (25m pool): 00:46.18 Bree 21/12/2025			PB (50m pool): no time SB: 00:46.18 Bree 21/12/2025
	2 5 M	5 0 M	
PB		00:46.18	
		00:46.18	
			

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:5, starttime: 14:17
Heat: 5/6 Lane : 1 Athlete: THANS ANNA			Q-time: 00:43:81
PB (25m pool): 00:43.81 Bree 21/12/2025			PB (50m pool): no time SB: 00:43.81 Bree 21/12/2025
	2 5 M	5 0 M	
PB		00:43.81	
		00:43.81	
			

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:5, starttime: 14:17
Heat: 5/6 Lane : 3 Athlete: VANDIJCK NINA			Q-time: 00:42:99
PB (25m pool): 00:42.99 Bree 21/12/2025			PB (50m pool): no time SB: 00:42.99 Bree 21/12/2025
	2 5 M	5 0 M	
PB		00:42.99	
		00:42.99	
			

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 3: 50M FREESTYLE MIXED 10-9				Heat:5, starttime: 14:17
Heat: 5/6 Lane : 5 Athlete: STINISSEN KATO				Q-time: 00:43:67
PB (25m pool): 00:43.67 Bree 16/02/2025				PB (50m pool): no time SB: no time
	2 5 M	5 0 M		
PB		00:43.67		
	00:43.67			
				

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9				Heat:6, starttime: 14:18
Heat: 6/6 Lane : 4 Athlete: VAN MIERLOO MARIE				Q-time: 00:41:41
PB (25m pool): 00:41.41 Bree 21/12/2025				PB (50m pool): no time SB: 00:41.41 Bree 21/12/2025
	2 5 M	5 0 M		
PB		00:41.41		
	00:41.41			
				

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 14:27
Heat: 4/11 Lane : 6 Athlete: LUDWICZAK JAGODA					Q-time: 01:46:98
PB (25m pool): 01:46.98 Bree 21/12/2025					PB (50m pool): 01:48.94 SB: 01:46.98 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.44		01:46.98	
	00:51.44		00:55.54		
					

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 14:29
Heat: 5/11 Lane : 3 Athlete: BIANCHI MAIA					Q-time: 01:35:69
PB (25m pool): 01:35.69 Bree 21/12/2025					PB (50m pool): 01:35.13 SB: 01:35.69 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.34		01:35.69	
	00:46.34		00:49.35		
					

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 4: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 14:34
Heat: 7/11 Lane : 6 Athlete: MOORS CALISTA					Q-time: 01:30:63
PB (25m pool): 01:30.63 Bree 21/12/2025					PB (50m pool): 01:33.61 SB: 01:30.63 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.46		01:30.63	
	00:44.46		00:46.17		
					

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 14:36
Heat: 8/11 Lane : 3 Athlete: SCHROOTEN LIEN					Q-time: 01:28:95
PB (25m pool): 01:28.95 Bree 21/12/2025					PB (50m pool): 01:30.87 SB: 01:28.95 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.42		01:28.95	
	00:43.42		00:45.53		
					

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 14:38
Heat: 9/11 Lane : 6 Athlete: VAN EYGEN LOUISE					Q-time: 01:28:60
PB (25m pool): 01:28.60 Pelt 05/10/2025					PB (50m pool): 01:31.11 SB: 01:28.60 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.67		01:28.60	
	00:42.67		00:45.93		
					

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 14:40
Heat: 10/11 Lane : 2 Athlete: NULENS AZZURRA					Q-time: 01:23:75
PB (25m pool): 01:23.75 Bree 21/12/2025					PB (50m pool): 01:26.60 SB: 01:23.75 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.94		01:23.75	
	00:40.94		00:42.81		
					

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 4: 100M BACKSTROKE WOMEN 11+					Heat:11, starttime: 14:41
Heat: 11/11 Lane : 2 Athlete: BEIJNSBERGER JULIE					Q-time: 01:21:23
PB (25m pool): 01:21.23 Bree 21/12/2025					PB (50m pool): 01:25.49 SB: 01:21.23 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.42		01:21.23	
	00:39.42		00:41.81		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 14:46
Heat: 2/8 Lane : 2 Athlete: BEIJNSBERGER MATHIJS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 14:48
Heat: 3/8 Lane : 3 Athlete: BIESIADECKI ALEXANDER					Q-time: 01:44:22
PB (25m pool): 01:44.22 Bree 21/12/2025					PB (50m pool): 01:42.63 SB: 01:44.22 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.51		01:44.22	
	00:51.51		00:52.71		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 14:51
Heat: 4/8 Lane : 2 Athlete: SEGERS FERRE					Q-time: 01:37:30
PB (25m pool): 01:37.30 Bree 21/12/2025					PB (50m pool): 01:38.89 SB: 01:37.30 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.74		01:37.30	
	00:47.74		00:49.56		
					

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 5: 100M BACKSTROKE MEN 11+				Heat:4, starttime: 14:51	
Heat: 4/8 Lane : 3 Athlete: MOORS VICTOR				Q-time: 01:34:97	
PB (25m pool): 01:34.97 Hasselt 12/10/2025				PB (50m pool): 01:47.36 SB: 01:34.97 Hasselt 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.88		01:34.97	
	00:45.88		00:49.09		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+				Heat:4, starttime: 14:51	
Heat: 4/8 Lane : 6 Athlete: SEGERS MATHIS				Q-time: 01:43:09	
PB (25m pool): 01:43.09 De Sprink Bree 31/05/2025				PB (50m pool): 01:44.40 SB: 01:43.84 Bree 21/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.40		01:43.09	
	00:49.40		00:53.69		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+				Heat:5, starttime: 14:53	
Heat: 5/8 Lane : 5 Athlete: RUELENS HENRI				Q-time: 01:32:13	
PB (25m pool): 01:32.13 Temse 17/11/2025				PB (50m pool): 01:35.38 SB: 01:32.13 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.62		01:32.13	
	00:44.62		00:47.51		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+				Heat:6, starttime: 14:55	
Heat: 6/8 Lane : 1 Athlete: NIJS VIKTOR				Q-time: 01:29:17	
PB (25m pool): 01:29.17 Temse 17/11/2025				PB (50m pool): 01:30.71 SB: 01:29.17 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.07		01:29.17	
	00:43.07		00:46.10		
					

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 5: 100M BACKSTROKE MEN 11+					Heat:6, starttime: 14:55
Heat: 6/8 Lane : 3 Athlete: JORISKES GIJS					Q-time: 01:24:36
PB (25m pool): 01:24.36 Temse 17/11/2025					PB (50m pool): 01:26.97 SB: 01:24.36 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.89		01:24.36	
	00:41.89		00:42.47		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+					Heat:7, starttime: 14:57
Heat: 7/8 Lane : 4 Athlete: BOSMANS VINCE					Q-time: 01:14:07
PB (25m pool): 01:14.07 Temse 17/11/2025					PB (50m pool): 01:18.07 SB: 01:14.07 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.26		01:14.07	
	00:36.26		00:37.81		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+					Heat:7, starttime: 14:57
Heat: 7/8 Lane : 6 Athlete: FERREIRA CRAVO ENZO					Q-time: 01:20:68
PB (25m pool): 01:20.68 Temse 17/11/2025					PB (50m pool): 01:23.83 SB: 01:20.68 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.27		01:20.68	
	00:39.27		00:41.41		
					

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:26
Heat: 2/4 Lane : 2 Athlete: BEIJNSBERGER MATHIJS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:1, starttime: 15:31
Heat: 1/6 Lane : 1 Athlete: LEEN JULIE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:1, starttime: 15:31
Heat: 1/6 Lane : 2 Athlete: MEERS CHRISTINE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:1, starttime: 15:31
Heat: 1/6 Lane : 4 Athlete: LAMBERIGTS JANA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:2, starttime: 15:33
Heat: 2/6 Lane : 1 Athlete: AERTS ESMée					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:2, starttime: 15:33
Heat: 2/6 Lane : 2 Athlete: VANSTRAELEN LOU					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:2, starttime: 15:33
Heat: 2/6 Lane : 3 Athlete: PEETERS JOANNA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:2, starttime: 15:33
Heat: 2/6 Lane : 5 Athlete: GOOSSENS PHIL					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:3, starttime: 15:36
Heat: 3/6 Lane : 1 Athlete: HESEMANS ELIA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:3, starttime: 15:36
Heat: 3/6 Lane : 5 Athlete: GOFFLO NOAH					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:3, starttime: 15:36
Heat: 3/6 Lane : 6 Athlete: VROLIX FLEUR					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:4, starttime: 15:38
Heat: 4/6 Lane : 2 Athlete: VAN MIERLOO MARIE					Q-time: 02:00:77
PB (25m pool): 02:00.77 Zaventem 21/06/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:57.54		02:00.77	
	00:57.54		01:03.23		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:4, starttime: 15:38
Heat: 4/6 Lane : 3 Athlete: DELBROEK CHLOé					Q-time: 01:54:91
PB (25m pool): 01:54.91 Pelt 05/10/2025 PB (50m pool): no time SB: 01:54.91 Pelt 05/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.76		01:54.91	
	00:55.76		00:59.15		
					

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:4, starttime: 15:38
Heat: 4/6 Lane : 5 Athlete: NAKKACH NOOR					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:4, starttime: 15:38
Heat: 4/6 Lane : 6 Athlete: VANDIJCK NINA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:5, starttime: 15:41
Heat: 5/6 Lane : 2 Athlete: THANS ANNA					Q-time: 01:46:22
PB (25m pool): 01:46.22 Bree 21/12/2025 PB (50m pool): no time SB: 01:46.22 Bree 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.20		01:46.22	
	00:53.20		00:53.02		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:5, starttime: 15:41
Heat: 5/6 Lane : 4 Athlete: EERLINGEN KAREL					Q-time: 01:44:75
PB (25m pool): 01:44.75 Bree 21/12/2025 PB (50m pool): no time SB: 01:44.75 Bree 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.25		01:44.75	
	00:52.25		00:52.50		
					

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:6, starttime: 15:43
Heat: 6/6 Lane : 2 Athlete: STINISSEN KATO					Q-time: 01:39:03
PB (25m pool): 01:39.03 Bree 21/12/2025					PB (50m pool): no time SB: 01:39.03 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.99		01:39.03	
	00:46.99		00:52.04		
					

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 15:55	
Heat: 3/9 Lane : 2 Athlete: LUDWICZAK JAGODA							Q-time: 03:50:33	
PB (25m pool): 03:50.33 Hasselt 12/10/2025				PB (50m pool): 04:02.90SB: 03:50.33 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.54		01:50.73		02:56.79		03:50.33
	00:52.54		00:58.19		01:06.06		00:53.54	
								

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 16:00	
Heat: 4/9 Lane : 1 Athlete: SCHROOTEN LIEN							Q-time: 03:33:87	
PB (25m pool): 03:33.87 Hasselt 12/10/2025				PB (50m pool): 03:39.32SB: 03:33.87 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.22		01:41.43		02:44.61		03:33.87
	00:49.22		00:52.21		01:03.18		00:49.26	
								

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 16:00	
Heat: 4/9 Lane : 2 Athlete: BIANCHI MAIA							Q-time: 03:32:82	
PB (25m pool): 03:32.82 Hasselt 12/10/2025				PB (50m pool): 03:48.53 SB: 03:32.82 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.39		01:44.42		02:44.38		03:32.82
	00:46.39		00:58.03		00:59.96		00:48.44	
								

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 16:04	
Heat: 5/9 Lane : 2 Athlete: MOORS CALISTA							Q-time: 03:19:14	
PB (25m pool): 03:19.14 Bree 16/02/2025				PB (50m pool): 03:44.69SB: 03:21.81 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.78		no time		no time		03:19.14
	00:44.78							
								

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 16:08	
Heat: 6/9 Lane : 3 Athlete: VAN EYGEN LOUISE							Q-time: 03:08:47	
PB (25m pool): 03:08.47 Hasselt 12/10/2025				PB (50m pool): 03:28.59SB: 03:08.47 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.58		01:32.93		02:27.30		03:08.47
	00:44.58		00:48.35		00:54.37		00:41.17	
								

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:7, starttime: 16:11	
Heat: 7/9 Lane : 2 Athlete: BEIJNSBERGER JULIE							Q-time: 03:04:39	
PB (25m pool): 03:04.39 Hasselt 12/10/2025				PB (50m pool): 03:32.98SB: 03:04.39 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.71		01:27.33		02:23.96		03:04.39
	00:40.71		00:46.62		00:56.63		00:40.43	
								

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:7, starttime: 16:11	
Heat: 7/9 Lane : 4 Athlete: NULENS AZZURRA							Q-time: 03:03:09	
PB (25m pool): 03:03.09 Hasselt 12/10/2025				PB (50m pool): 03:11.21 SB: 03:03.09 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.22		01:27.06		02:21.28		03:03.09
	00:40.22		00:46.84		00:54.22		00:41.81	
								

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 10: 200M MEDLEY MEN 11+							Heat:2, starttime: 16:27	
Heat: 2/7 Lane : 2 Athlete: BIESIADECKI ALEXANDER							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+							Heat:3, starttime: 16:31	
Heat: 3/7 Lane : 1 Athlete: SEGERS MATHIS							Q-time: 03:37:99	
PB (25m pool): 03:37.99 Hasselt 12/10/2025			PB (50m pool): no time SB: 03:37.99 Hasselt 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.67		01:45.79		02:47.39		03:37.99
	00:48.67		00:57.12		01:01.60		00:50.60	
								

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+							Heat:3, starttime: 16:31	
Heat: 3/7 Lane : 2 Athlete: MOORS VICTOR							Q-time: 03:27:56	
PB (25m pool): 03:27.56 Hasselt 12/10/2025			PB (50m pool): 03:35.66SB: 03:27.56 Hasselt 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.40		01:43.43		02:39.72		03:27.56
	00:52.40		00:51.03		00:56.29		00:47.84	
								

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+							Heat:3, starttime: 16:31	
Heat: 3/7 Lane : 5 Athlete: SEGERS FERRE							Q-time: 03:27:95	
PB (25m pool): 03:27.95 Hasselt 12/10/2025			PB (50m pool): 03:25.12SB: 03:27.95 Hasselt 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.13		01:44.56		02:43.39		03:27.95
	00:49.13		00:55.43		00:58.83		00:44.56	
								

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 10: 200M MEDLEY MEN 11+							Heat:4, starttime: 16:36	
Heat: 4/7 Lane : 1 Athlete: RUELENS HENRI							Q-time: 03:15:61	
PB (25m pool): 03:15.61 Hasselt 12/10/2025				PB (50m pool): 03:31.84SB: 03:15.61 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.48		01:34.84		02:31.36		03:15.61
	00:43.48		00:51.36		00:56.52		00:44.25	
								

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+							Heat:4, starttime: 16:36	
Heat: 4/7 Lane : 5 Athlete: NIJS VIKTOR							Q-time: 03:12:90	
PB (25m pool): 03:12.90 Hasselt 12/10/2025				PB (50m pool): 03:37.43SB: 03:12.90 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.80		01:38.63		02:30.63		03:12.90
	00:47.80		00:50.83		00:52.00		00:42.27	
								

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+							Heat:5, starttime: 16:39	
Heat: 5/7 Lane : 2 Athlete: FERREIRA CRAVO ENZO							Q-time: 02:58:84	
PB (25m pool): 02:58.84 Hasselt 12/10/2025				PB (50m pool): 03:02.59SB: 02:58.84 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.13		01:24.80		02:19.58		02:58.84
	00:40.13		00:44.67		00:54.78		00:39.26	
								

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+							Heat:5, starttime: 16:39	
Heat: 5/7 Lane : 5 Athlete: JORISKES GIJS							Q-time: 03:00:54	
PB (25m pool): 03:00.54 Hasselt 12/10/2025				PB (50m pool): 03:10.62SB: 03:00.54 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.93		01:25.24		02:21.05		03:00.54
	00:39.93		00:45.31		00:55.81		00:39.49	
								

Coach feedback:

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 10: 200M MEDLEY MEN 11+							Heat:6, starttime: 16:43	
Heat: 6/7 Lane : 1 Athlete: BOSMANS VINCE							Q-time: 02:46:64	
PB (25m pool): 02:46.64 Temse 17/11/2025				PB (50m pool): 03:00.40 SB: 02:46.64 Temse 17/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.80		01:15.64		02:07.95		02:46.64
	00:34.80		00:40.84		00:52.31		00:38.69	
								

Coach feedback: